

24.6.2022

## Ch-02

E Write the short answer.

1 What is a deficiency disease?

Ans A disease caused due to the lack of particular minerals or vitamins in the body is called deficiency disease.

2 Name a disease caused by the lack of iron in food.

Ans Anaemia caused by the lack of iron in food.

3 What is a communicable disease?

Ans A disease that can spread from one person to another person is called a communicable disease.

Q Write the short answer

4 Which diseases are caused by eating contaminated food?

Ans Typhoid, cholera, diarrhoea, polio and jaundice are caused by eating contaminated food.

5 Name three diseases for which you have been vaccinated.

Ans: Measles, mumps, hepatitis are diseases for which we have been vaccinated

F Answer these questions.

1 How do houseflies spread disease?

Ans Houseflies usually feed themselves on rotting and decaying matters. After feeding itself in the dirty places, it comes and sits over our food and contaminates it. When we consume this contaminated food, we get infected with disease. In this way, a housefly spread disease.

2 What precautions would you take to check the spread of malaria?

Ans Precautions that we would take to check spread of malaria are:

- We should stop breeding off mosquitoes by not allowing water to stagnate at the place.
- We should destroy mosquito larva by spraying oil on the surface of water in tanks and ponds,

- We should use a mosquito net or mosquito repellent at night
- Drains must be covered

3. Explain two ways of controlling ~~cont~~ communicable diseases

Ans Ways of controlling communicable diseases are:

- Crems of certain diseases stay on ~~cont~~ like cloth, comb toys etc used by a patient. All such items should be.

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disinfected or boiled to kill the germs.

- Children suffering from any communicable disease should stay away from school till they are fully recovered

7 ~~Which~~ Which steps would you take to prevent the spread germs from sick person?

Ans The steps we ~~or not~~ would take to prevent the spread of germs from a sick person are a follows:

- Keep yourself and your surrounding clean.
- Always put garbage in clean floors.

- Use disinfectants to clean floors
- Use mosquito repellents and mosquito nets.
- Use a water purifier to kill germs.

5 What is meant by pasteurization of milk?

ns Heating the milk at a high temperature and quickly cooling it to kill <sup>The</sup> ~~the~~ full germs is ~~known~~ known as pasteurization.

Raju has bleeding gums and swollen joints. Name of the disease he is suffering from. What is the cause and remedy of this disease?

Raju has bleeding gums and swollen joints. He must be suffering from scurvy.

Scurvy is caused by the deficiency of vitamin C.

It can be cured by eating citrus fruit, amla, tomato, green leafy vegetables and sprouted grains and pulses