

Sugar

Butter

Dinner

Bread

Chapati

Breakfast

fruit

vegetable

Disease

grow

rice

lunch

healthy

Pulses

energy

Sugar

Butter

Dinner

bread

Chapati

Break fast

fruit

vegetabale

disease

grow

rice

lunch

Healthy

Pulses

energy



Sugar

Butter

Dinner

Bread

chapati

Breakfast

fruit

vegetable

disease

grow

rice

lunch

healthy

pulses

energy