

Homework

1. Name the hormones which regulates the male and female secondary characters.

Ans- For male androgens (the main one is called testosterone), and the female ones are called oestrogens. These hormones are activated by the follicle stimulating hormones (FSH) produced by the pituitary gland.

Q. Write any two physical and ~~physio~~ psychological changes during puberty in males and females.

Ans Physical change

Boys	Girls
* Enlargement of testes.	* Ovaries mature, the release of eggs starts.
* Penis and scrotal sac grow.	* Uterus and vagina grow in size.
	* Menstruation cycle starts.

Psychological change

* Boys and girls become too conscious and start worrying about the growth in various parts of their body. They start feeling shy and feel hesitant in sharing their problems with others. Most of the time, they go on finding ~~and~~ faults with themselves and

develop a complex. Also, they spend a lot of their time in grooming.

● * Boys and girls like to remain with their group of friends (also called peers) most of time, since they feel safe in groups. They also try to imitate what others do in their peer group.