

1) Write an article on 'Adverse effects of fast food on health' in not more than 150 words. You are Tasmine / Johnny of OPM Public School.

144-J
Green Endare
Phase 4
City

8 Oct. 2021

The Editor
The Tribune
Media Complex

Sub: Growing mobile games addiction among children

Sir,

I am writing to your good self to share my deep concern over the growing mobile games addiction among the

children

This addiction to internet has caused serious health problems. Prolonged use of mobile phones and computers connected with internet affects eye-sight, poor posture, spinal problem etc. As one become addict to internet, one spends maximum time with it, compromising with outdoor activities such as exercise, walk and sleep also. Prolonged sitting in front of computer leads to obesity. Apart from physical health bad effects internet addiction causes isolation, tension, depression also. Their academics suffer the most because of these games.

Through the medium of your esteemed daily I appeal to the government and people also to curb this mobile games addiction; otherwise our country will be full of mobile games addicts. Kindly give my views enough space in your esteemed daily

2021/10/9 14:10

Thanking you.

Your truly

Banjelata Pati.