

Forms of energy	One use of it
Mechanical energy	It is used to do useful work such as car, truck and train etc.
Solar energy	To dry our clothes.
Geothermal energy	To use the steam and hot water produced inside the earth to heat building or generate electricity.
Wind energy	It can a useful form, such as electricity, using wind turbines.
Hydropower	It is used to control flood, help in irrigation, and water supply.
Heat energy	We use it for a lot of things like warming our homes and cooking our food.
Light energy	It gives us light.
Sound energy	It is used to detect objects.
Electrical energy	It is used for lighting, heating, cooling, and refrigeration.