

HW
6-5-21

Let us answer

A-Tick the correct answer

1- To stay healthy our body need.

a- a balanced diet b- books c- bread d- only milk

2- Which of the following is a non-communicable disease

a- Chickenpox b- beriberi c- common cold d- measles

set

3- This disease is caused by virus.

a- typhoid b- malaria c- meningitis d- chickenpox

x

4. The spread of communicable diseases can be prevented by :-

a- spitting b- coughing c- keeping clean
d- having medicines.

5. Vaccination can be protected against diseases like polio, measles and

a- AIDS b- malaria c- mumps d- Fever

B. Complete the table

Nutrient

Found in

• Carbohydrates = _____

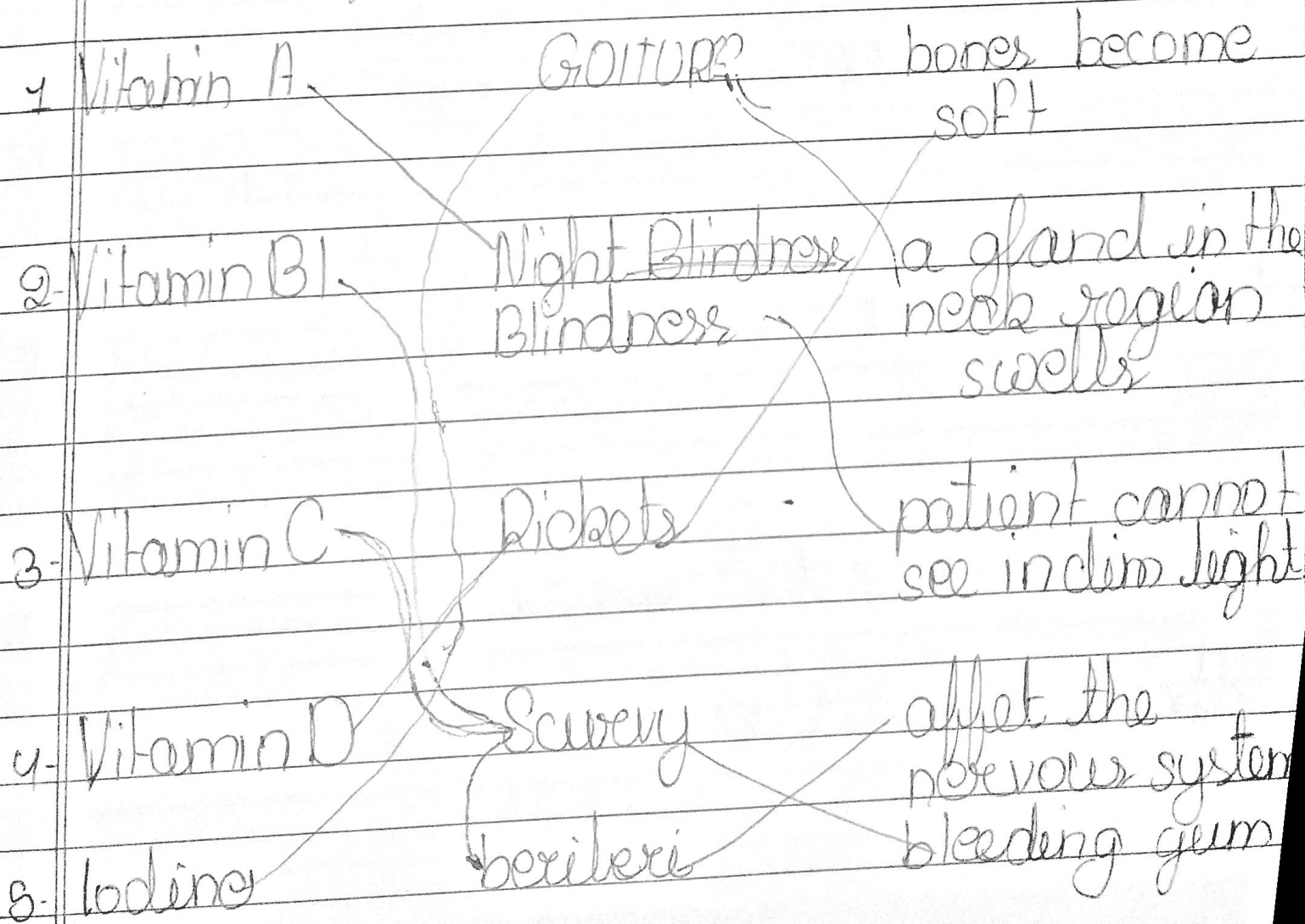
• Protein = _____

• Vitamin A = _____

• Vitamin C = _____

• Iron = _____

C- Match the following.



D. Fill in the blanks.

1. Our body _____, protection from disease

Regular exercise and _____ to
keep fit.

2. Our food should have enough
_____ to get rid of undigested food.

3. We must play _____ games to keep our
body fit.

4. _____ and _____ are caused by bacteria.
_____ is

5. _____ is a virus that attacks the immune
system of the patient and leads to death.