

6/Nov/2021

Biology HW

Ch-7 : Disease and Hygiene

1. a) Healthy : A normal person is said to be healthy, if a normal he or she is not suffering from any disease.

b) Disease : ~~Disease~~ Disease means not being in a comfortable state.

2. Fever (the common disease that I have recovered from recently)

Causes : Infections such as colds and stomach bugs. Heat Exhaustion is also a common cause.

Symptoms : ~~Chills~~ Chills, shivering, shaking, headache, etc.

Medicines like

Treatment : Paracetamol, ~~Chloroquine~~ Quinine

3. Ans Features of a healthy human being:

- A clear skin,
- bright, clear eyes,
- a body neither too fat nor too thin,
- fresh breath,
- good appetite,
- sound sleep,
- regular activity of bladder and bowels.
- coordinated body movements.

4. Ans

Communicable	Non-communicable
<ul style="list-style-type: none">• A diseases that doesn't spread. They are also known as infectious disease.	<ul style="list-style-type: none">• A Diseases that doesn't spread. They are also known as non-infectious disease.
<ul style="list-style-type: none">• Example: Cholera	<ul style="list-style-type: none">• Example: Fever

5. Ans

5 factors that determine good health.

★ a clear skin. (No skin diseases)

★ Neither a fatty body nor a thin one.

★ coordinated body movements.

★ Not a snoring sleep. (sound sleep)

★ An active body.