

Home Assignment

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1) Name the hormones which regulates the male and female secondary characters.

Ans-

Puberty brought the secondary characters in male and female. It is brought on by sex hormones which start getting produced by the testes and the ovaries. The male sex hormones are called androgens (the main one is called testosterone), and the female ones are called oestrogens.

2) Write any two physical and psychological changes during puberty in males and females.

* Physical changes in males and females

→ Boys generally broader shoulders, and narrower hips, while girls have curvaceous body and broader hips.

→ The most visible change is sudden increase in height.

* Psychological change

→ Boys and girls like to remain with their group of friends most of the time, since they feel safe in groups.

→ They spend most of the time in grooming themselves as they become conscious of their body.