

Homework

- ① Sunlight exposure has a lot of health benefits for infants, it helps the body to produce vitamin D that helps the body to absorb calcium. Also has a function of strengthening bones thereby preventing rickets in children & osteomalacia in adults & possibly inhibiting growth of some cancers.

① Inflammation is a process by which your body's WBC's & the things they make protect you from infection from outside invaders, such as bacteria & viruses. Symptoms :- Redness (Rubor), • heat (calor), swelling (tumor), & pain (dolor).

② 2 diseases caused by virus are :-
• Common cold.
• Influenza.
• Measles.

Common cold :- The typical symptoms of a cold include cough, runny nose, sneezing, nasal congestion, & a sore throat.

