

28/05/2021

Energy

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- Q1. Define ~~state~~ the term energy.
→ Energy is the capacity to do work.

- Q2. State the S.I unit of energy and define it.

→ Energy is measured in the same ~~time~~ unit as work. Therefore, the SI unit of energy is joule. A body is said to be possess an energy of one joule if one joule work is done to bring the body in that state i.e a force of 1 newton moves the body by a distance of 1 metre in the direction of force. Energy is Calorie (symbol kcal) where $1 \text{ kcal} = 4.2 \text{ J}$.
At: $1 \text{ kcal} = 1000 \text{ cal}$