

# Heat

1.) Effects of heat are:-

- Change in temperature of the body.
- Change in size or shape of the body.
- Change in state of body.

2.) The expansion of a substance, when heat is called thermal expansion.

3.) Sublimation: When a solid on heating changes directly into vapour at a fixed temperature, the process is called Sublimation.

4.) During change of state at a fixed temperature, heat is either absorbed or released but this heat doesn't change the temperature of the substance.