

1) What is a deficiency disease?

Ans) A disease caused due to the lack of particular minerals or ~~at~~ vitamins in the body is called deficiency diseases.

2) Name a disease caused by the lack of iron in food.

Ans. Anaemia is a disease caused by the lack of iron in food.

3) What is a communicable diseases?

Ans. A disease that can spread from one person to another person is called a communicable disease.

4) Which diseases are caused by eating contaminated food?

Ans. Typhoid, Cholera, diarrhoea, polio and jaundice are caused by eating contaminated food.

5. Q. Name three diseases for which you have been vaccinated.

Ans. Measles, mumps, hepatitis are ~~diseases~~ diseases for which we have been vaccinated.

F. Ans these questions.

1) How houseflies spread diseases?

Ans. Houseflies usually feed themselves on rotting and decaying matters. ~~later~~ after feeding itself in the dirty places it comes and sits over our food and contaminate it. ~~So~~ when we consume this contaminated food, ~~we~~ we get infected with ~~diseases~~ diseases. In this way, a housefly spread diseases.



2) What precautions would you take to check the spread of malaria?

Ans. Precautions that we would take to ~~sub~~ check the spread of malaria are:

- We should stop breeding of mosquitoes by not allowing water to stagnate at the place.
- We should destroy mosquito larva by spraying oil on the surface of water in tanks and ponds.
- We should use a mosquito net or mosquito ~~rep~~ repellent at night.
- Drains must be covered.

3) Explain two ways of controlling communicable diseases.

- Always put garbage in covered bins.
- Use mosquito repellents and mosquito nets.
- Use a water purifier to kill germs.