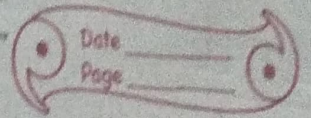


Write the 5 way to be healthy



1. We have wash hands before and after eating.
2. We have to exercise daily.
3. We have to play outdoor games and avoid playing indoor games.
4. We have to eat good food.
5. We clean our mind and never think bad things and remember good things.
6. We have to clean our body nicely.