

Aug
12.05.2023

chapter - 2 (Food and health)

Page no - 22 (oral questions)

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Oral questions

→ choose the correct answer.

1) Deficiency of Vitamin C causes dengue / night-blindness / scurvy.

2) Beriberi is a disease caused by the deficiency of vitamin B1 / vitamin C / vitamin A

3) Rickets / Anaemia / Malaria is a disease in which the bones become soft.

4) Deficiency of iron / iodine / calcium in the body causes goitre.