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## Mango - the nation fruit of India

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Mango is the national fruit of India. It is the sweetest fruit and my favourite fruit. Mango is tropical fruit, that is it grows well in the warm climate of tropics. Mostly mangoes are oval in shape and the colour of mango-skin varies from green, yellow, red and green. A mango has one big seed and it is inedible. Mango is also known as the 'King of fruits'. The ripe mangoes mostly taste sweet and soft and pulpy in nature. It is very juicy and refreshing fruit. In India several varieties of mangoes are available in the summer season. In the western parts of India, Alphonso mangoes are very popular while in the eastern parts of India, Himsagar mangoes are loved by most people. The other varieties of mangoes include Daskeri, Badami, Langra, Braganpalli, etc. We can consume mangoes in various ways. It can be eaten as a raw fruit, just after taking the peel off. Mango is the sweetest fruit which makes us feel fresh and is loved by all to eat as it is healthy and delicious as well.