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## TITLE HARMFUL EFFECTS OF WATCHING TELEVISION

Television is the most useless thing and that's why it is also called an 'idiotic box'. Telly makes people drunk for it. By watching television all day long people gain weight, become lazy and start having eye problems. People totally get absorbed in the television ~~and~~ and enter into a imaginary world and forget what's going on in the real life. They create radiations that affect ~~at~~ our eyes. All day long we think only about the television serials, cartoons movies etc. If we watch telly all day. It's better to read newspapers and books and playing outside except of playing ~~th~~ watching that idiotic thing.