

OUTPATIENT RECORD



Patients are advised to carry this booklet every time they visit CARE Hospitals, Bhubaneswar, Odisha

ପରାମର୍ଶ ସମୟରେ ଏହି ପୁସ୍ତକ ଧରି ଆଣିବା ଅନିବାର୍ଯ୍ୟ

मरीज इस पुस्तक को केयर अस्पताल आते समय हमेशा अपने साथ रखें

Name : Mr.KUMARESH DINDA
Age/Sex : 49 Years/MALE
City : NA
District : Balasore
State : ODISHA
Mobile : + -9238222232



001 000142684


CARE
HOSPITALS



Height : 164 cm Weight : 57 kg

BMI : Diet Advise :

I P CL CY PE JVP
PR : 51/min BP : 140/100 mmHg

Temp :
CVS : RR : 140/100 mmHg

Chest :
Abd : :

Pain Score :
SPO2 : 98%

On Rx

- ① TB. JUBLIRA CV (75/10)
- ② TB. RANOREX (500)

Follow up after.....days/months
Adv.

CBC, Na/K, Ur/Cr, T3T4TSH, PT
 Lipid profile, LFT, RBS, 2hr PPBS
 HbA1C, Blood gr, Viral Screening
 Uric acid, Ca/Ph., Urine < R/M
 Micral
 ECG, 2D ECHO, ECHO Screening,
 CXR, USG Abd.

Anginal
 IIB°
 chest pain
 related to be
 anginal
 H+ae. +
 Dmo
 Syncope

P/c → Intermittent chest pain^t, not
related to exertion (since Nov 2019)



Taking TB. SORBITRATE 1/2
regularly.

NO H/O → LOC° / Bleeding° / Black
stool°

ELG 52/mo rest PR ②

STT + Chongro7

Echo: ER = 63%

CBC: 15.1 / 9400 / 1.56.

RBS = 94.3 S. urea = 19.1 / 0.82

Saerur = 139.7 / 4.06.

Lipids Walc

ADU
MS ASD - DEM
DMT
+
-ve

PO Consult Physician

10

① METPURE XL 500 mg
8mm

② JUBIRA-CV 20 mg 10PM

③ ARBITEL 40 mg 10PM

~~④ MYONIT SA 2-6
x 178mm~~

⑤ LIBOTRIP 30mg
1T Bed
x 400

⑥ VELOZ-L

1000 BBT



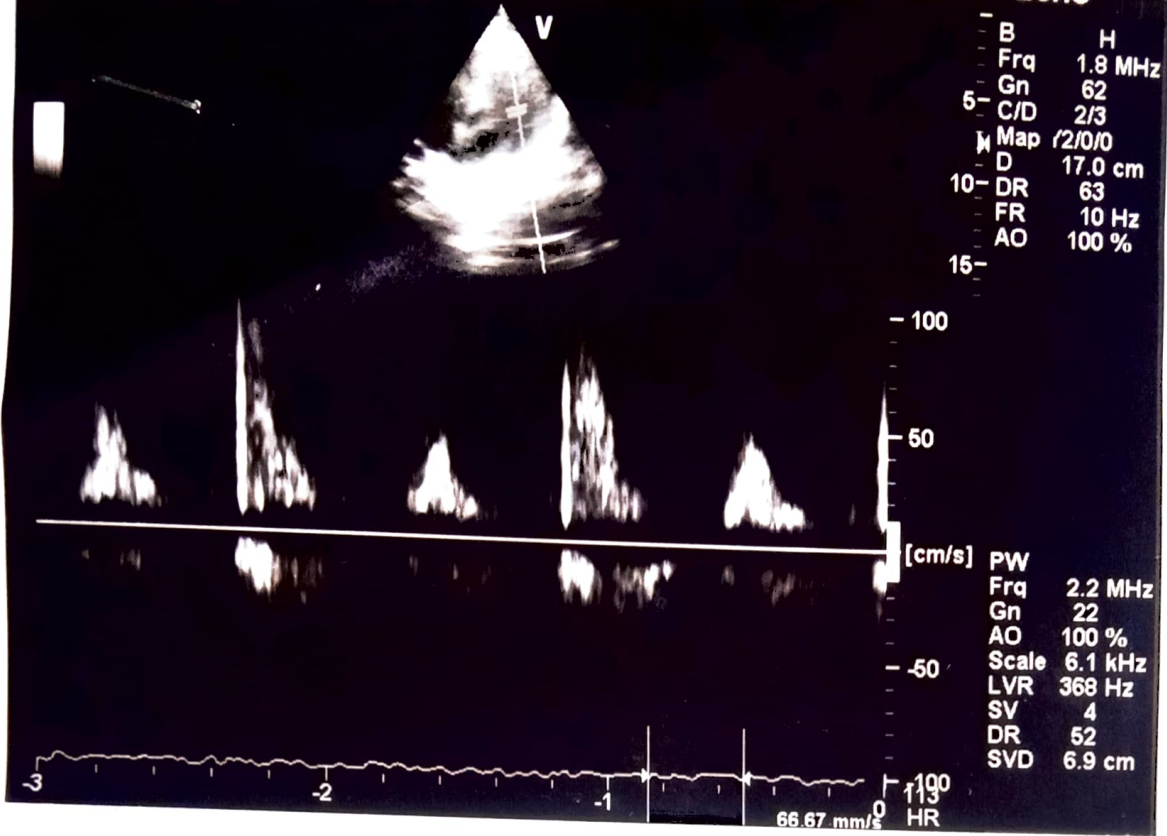
HEALTH CARE, CUTTACK

29/10/20 11:57:46 AIADM 291020-101713-AM

MI 0.5 Tis 0.1 3S

--:--:--

ECHO



HEALTH CARE, CUTTACK

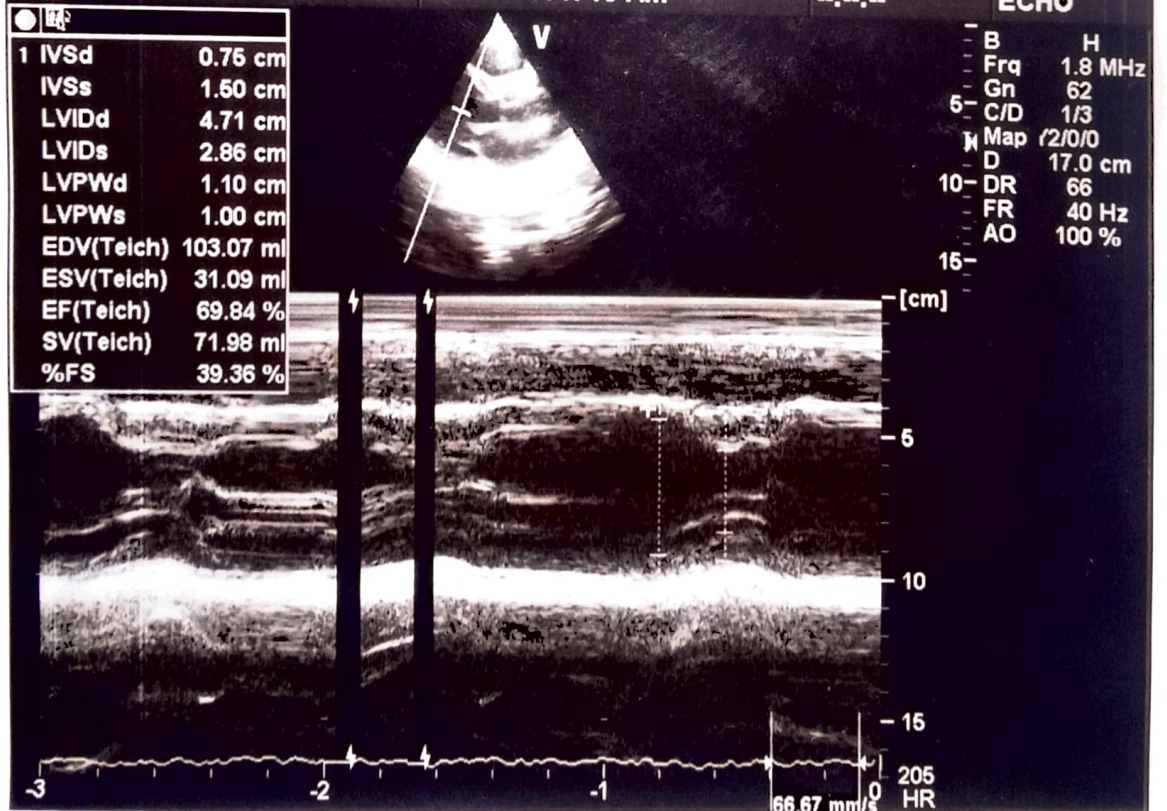
29/10/20 11:57:05 AIADM 291020-101713-AM

MI 1.2 Tis 0.2 3S

--:--:--

ECHO

| | |
|------------|-----------|
| 1 IVSd | 0.75 cm |
| IVSs | 1.50 cm |
| LVIDd | 4.71 cm |
| LVIDs | 2.86 cm |
| LVPWd | 1.10 cm |
| LVPWs | 1.00 cm |
| EDV(Teich) | 103.07 ml |
| ESV(Teich) | 31.09 ml |
| EF(Teich) | 69.84 % |
| SV(Teich) | 71.98 ml |
| %FS | 39.36 % |



M-MODE MEASUREMENTS

| | | | | | | | |
|-----------|-----------|--------|------------|----|------------|-----------|----|
| MV : EF | mm/sec | DE : | <i>16</i> | mm | EPSS : | <i>6</i> | mm |
| AO : | mm | ACS : | | mm | LA : | <i>30</i> | mm |
| LVID(d) : | <i>47</i> | mm | LVID (s) : | mm | <i>28</i> | SV : | ml |
| EDV : | ml | ESV : | | ml | FS : | | |
| EF : | <i>63</i> | LVPW : | <i>10</i> | mm | RA : | | mm |
| IVS : | <i>7</i> | mm | a-Wave : | | ef-slope : | | |
| RVID : | <i>6</i> | mm | | | | | |
| PV : | | | | | | | |

2-D ECHO EVALUATION

MV
no. v

no. normal decrease
calcified aortic
valve

DOPPLER/CFI

| | | | | | | | |
|------|--------|----------|---|---|------------|------------|---------|
| MV : | FLOW : | E | > | A | (E- | cm/sec, A- | cm/sec) |
| AV : | Flow : | <i>0</i> | | | PSGR : | mm of Hg | |
| PV : | Flow : | <i>0</i> | | | PSGR : | mm of Hg | |
| TV : | Flow : | | | | Gradient : | mm of Hg | |
| | TR : | | | | | | |

IMPRESSION

Normal



ECHOCARDIOGRAPHY REPORT

Mitral Valve : NORMAL
Aortic Valve : NORMAL MACS- 1.9CM
Tricuspid Valve : NORMAL
Pulmonary Valve : NORMAL
Right Atrium : NORMAL
Right Ventricle : NORMAL
Left Atrium : 3.3 CM
Left Ventricle : CONCENTRIC LVH , CONTRACTION GOOD, NO RWMA
IVS (S):1.2CM LV (S): 3.2CM PW(S): 1.5CM LVEF: 63%
IVS (D):1.1CM LV (D):5.0CM PW (D): 1.1CM FS:33%
IVS : INTACT
IAS : INTACT
AORTA : 2.9CM
Pulm Artery : NORMAL
Pulm Vein : NORMAL
Pericardium : NORMAL
SVS/IVS/CS : NORMAL

DOPPLER STUDY

Mitral Flow : E= 1.0m/sec A= 0.6m/sec E/A=E >A
Aortic Flow : 1.3m/sec PG- 7.1MM OF HG
Pulmonary Flow: 1.1m/sec PG- 5.0MM OF HG
Pulm Venous Flow:

COLOR DOPPLER

MR: MILD

QUALITY CARE INDIA LIMITED

CIN: U85110TG1992PLC014728

evercare group

CARE HOSPITALS

Unit No.42, Plot No. 324, Prachi Enclave, Chandrasekharapur, Bhubaneswar, Odisha - 751 016
T: (0674)-6165656 | E: info@carehospitals.com | W: carehospitals.com

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H.No. 6-3-248/2, Road No.1, Banjara Hills, Hyderabad - 500034, Telangana
T: (040)-30418888, (040)-23234444 | F: 040-30418488 |
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Hyderabad -500 034, Telangana
T: (040)-61806565 | E: info@carehospitals.com | W: carehospitals.com

| <u>Investigation</u> | <u>Result</u> | <u>Biological Ref. Interval</u> | <u>Method</u> |
|-------------------------------------|-----------------|---------------------------------|-------------------------------------|
| COMPLETE BLOOD COUNT | | | |
| HAEMOGLOBIN | 15.1 g/dl | 13 - 17 g/dl | SLS/Non Cyanide |
| P C V | 45.1 % | 40 - 54 % | Calculation |
| R B C | 4.48 million/ul | 4.5 - 6.5 million/ul | Flowcytometry/DC detect |
| M C V | 100.8 fL | 76 - 96 fL | Calculation |
| M C H | 33.8 pg | 27 - 32 pg | Calculation |
| M C H C | 33.6 g/dL | 31.5 - 34.5 g/dL | Calculation |
| RDW | 14.2 % | 11.5 - 14.5 % | CALCULATED COEFFICIENT OF VARIATION |
| TOTAL LEUCOCYTE COUNT | 9,400 number/ul | 4000 - 10000 number/ul | Flowcytometry/DC detect |
| Differential Leucocyte Count | | | |
| NEUTROPHILS | 71 % | 40 - 75 % | Flowcytometry/Microscopy |
| LYMPHOCYTES | 19 % | 20 - 40 % | Flowcytometry/Microscopy |
| EOSINOPHILS | 02 % | 1 - 6 % | Flowcytometry/Microscopy |
| MONOCYTES | 08 % | 2 - 9 % | Flowcytometry/Microscopy |
| BASOPHILS | 00 % | | Flowcytometry/Microscopy |
| PLATELET COUNT | 1.56 Lakhs/Cumm | 1.5 - 4.5 lcs/cumm | Flowcytometry/DC detect |

*** End Of Report ***

Checked By : MAMINA



NOTE:

* Clinically correlate, Kindly discuss if necessary.

* This report relates only to the item received.

Dr. MAMINA BHOI MD
CONSULTANT PATHOLOGIST

24*7 HOURS EMERGENCY CARE : CALL : 6165656

CARE HOSPITALS, Bhubaneswar

Unit No. 42, Plot No. 324, Prachi Enclave, Chandrasekharpur, Bhubaneswar, Odisha - 751016, Tel : + 91 - 674 - 6165656
Afro Asian Multi-Speciality Hospitals Chain, 2 Continents, 4 Countries, 28 Hospitals, 18 Clinics, 40 Diagnostic Centres and 3500+ Beds

| <u>Investigation</u> | <u>Result</u> | <u>Biological Ref. Interval</u> | <u>Method</u> |
|------------------------------|---------------|--|--|
| RANDOM PLASMA GLUCOSE | 94.9 mg/dl | 70 - 140 mg/dl | Hexokinase |
| SERUM UREA | 19.1 mg/dl | 13-43 mg/dl | GLDH-UV |
| SERUM CREATININE | 0.89 mg/dl | 0.7-1.3 mg/dl | KINETIC/JAFFE |
| SERUM SODIUM | 139.7 mEq/L | 136-145 mEq/L | ISE |
| SERUM POTASSIUM | 4.06 mEq/L | 3.5-5.1 mEq/L | ISE |
| LIPID PROFILE | | | |
| SERUM CHOLESTEROL | 135.0 mg/dl | Desirable :70-199 mg/dl Borderline :200-239 mg/dl High :> 240 mg/dl Desirable for patient : < 150 mg/dl | CHOD-PAP |
| SERUM TRIGLYCERIDES | 157.7 mg/dl | Desirable : < 150 mg/dl | GPO |
| HDL CHOLESTEROL | 44.6 mg/dl | > 40 mg/dl | Precipitation & CHOD PAP/Direct-detergent |
| LDL CHOLESTEROL | 72.3 mg/dl | Desirable Recommended AHA Guidelines : < 130 mg/dl | Calculated/Detergent technology |
| VLDL CHOLESTEROL | 31.5 | | |

*** End Of Report ***

24*7 HOURS EMERGENCY CARE : CALL : 6165656

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An Afro Asian Multi-Speciality Hospitals Chain, 2 Continents, 4 Countries, 28 Hospitals, 18 Clinics, 40 Diagnostic Centres and 3500+ Beds
Page 1 of 2

ULTRA SOUND (WHOLE ABDOMEN)

LIVER: Normal in size, shape and echotexture. No I.H.B.D / focal lesions. Hepatic veins and IVC are normal.

GALLBLADDER: Well distended with normal wall. No pericholecystic fluid. No obvious intraluminal calculi.

COMMON BILE DUCT (5mm) AND PORTAL VEIN (11mm) : Normal in diameter.

PANCREAS: Normal in size, shape and echotexture. PD not dilated.

SPLEEN: Normal in size (10.2cm) and echotexture.

KIDNEYS: Both kidneys are normal in size, shape and cortical echotexture. CMD well maintained. Cortical thickness normal. Peri-renal area normal. No calculus / hydronephrosis/hydro-ureter seen.

RK size is (9.2cm)

LK size is (9.1cm)

URINARY BLADDER: Adequately filled. Lumen anechoic. Wall normal. No blood clots / mass / calculus seen.

PROSTATE: Normal in size and wt. is 23gm. Parenchyma appears homogeneous

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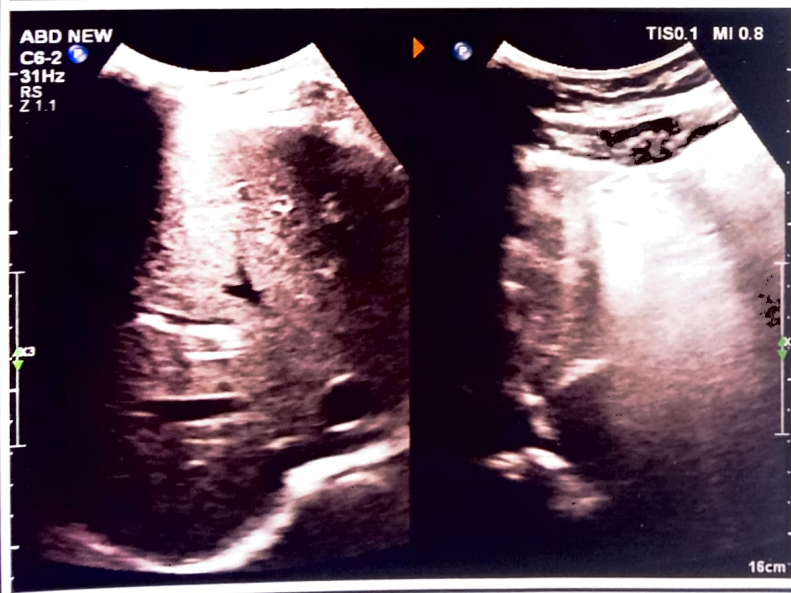
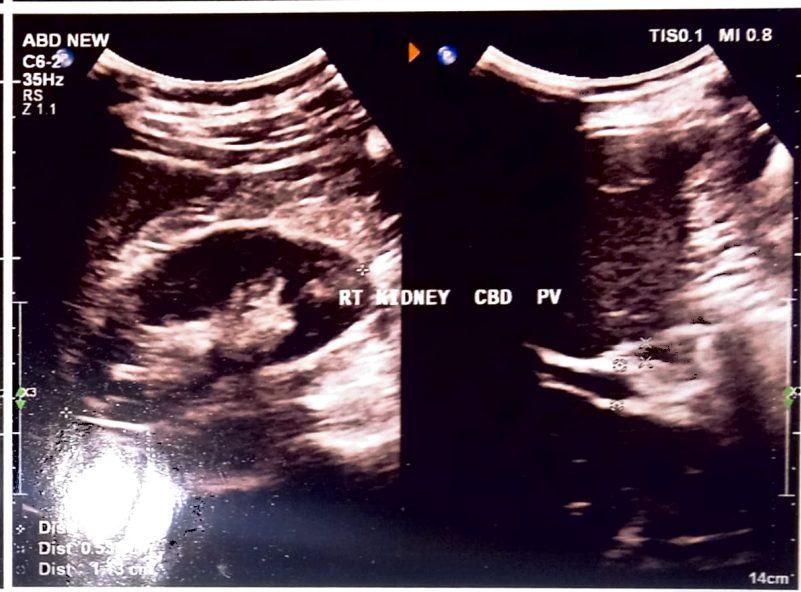
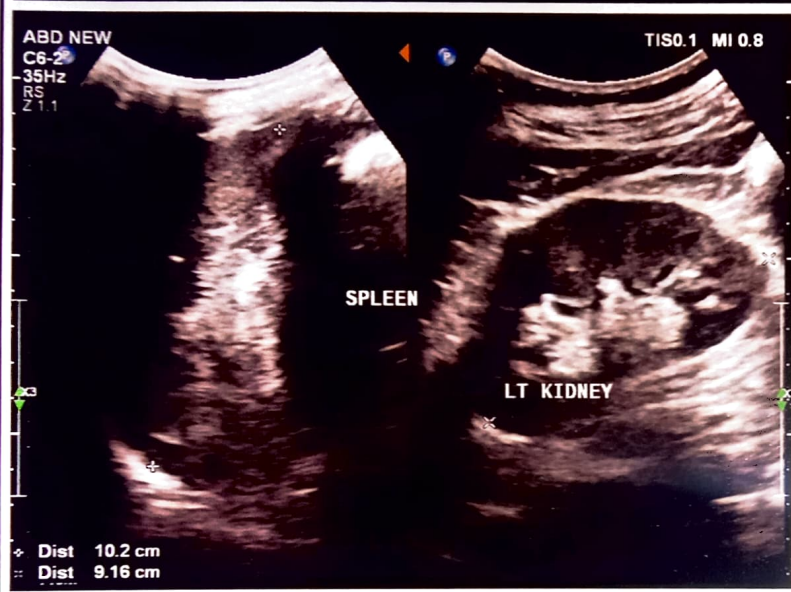
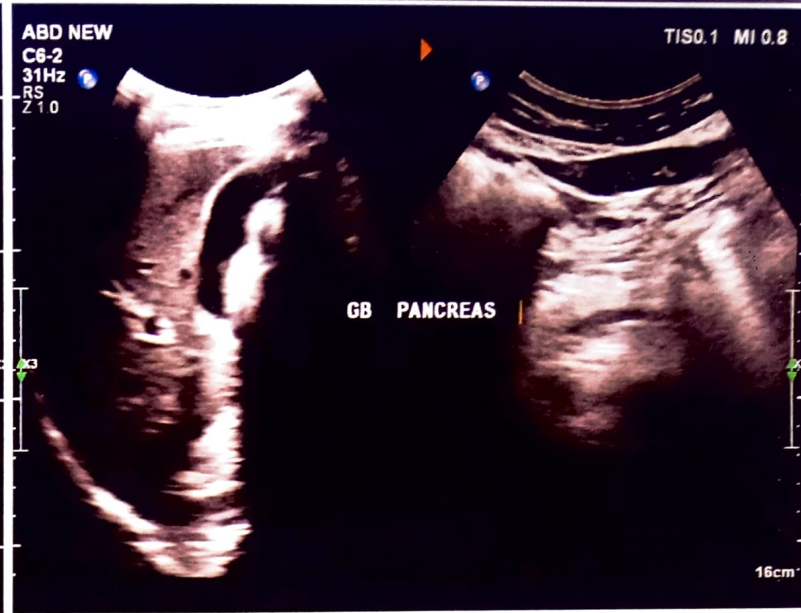
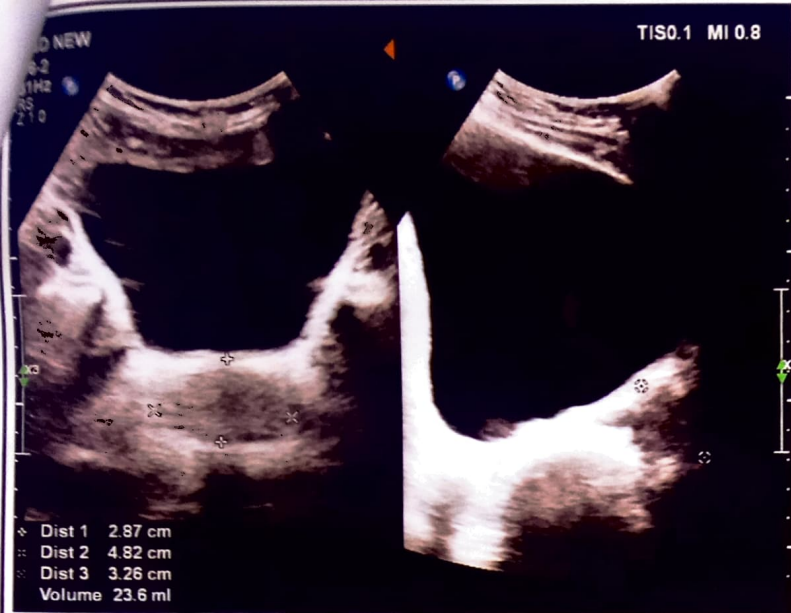
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EXERCISE STRESS TEST REPORT

Patient Name: KUMARESH DINDA
 Patient ID/OP: 621686
 Height: _____
 Weight: _____

DOB: 19.07.1972
 Age: 49 yrs
 Gender: Male
 Race: Indian

Study Date: 21.07.2021
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: DR M.P. TRIPATHY (DMT, CRAD)
 Attending Physician: --
 Technician: --

Medications: --

Medical History: --

Reason for Exercise Test: --

Exercise Test Summary

| Phase/Stage | Stage Name | Time in Stage | Speed (mph) | Grade (%) | HR (bpm) | BP (mmHg) | Comment |
|-------------|------------|---------------|-------------|-----------|----------|-----------|---------|
| PRE-TEST | SUPINE | 00:15 | 0.00 | 0.00 | 46 | 140/90 | |
| | STANDING | 00:17 | 0.00 | 0.00 | 46 | 140/90 | |
| | WALK | 00:17 | 0.00 | 0.00 | 45 | 140/90 | |
| | WARM-UP | 00:08 | 0.00 | 0.00 | 45 | 140/90 | |
| EXERCISE | STAGE 1 | 03:00 | 1.70 | 10.00 | 92 | 150/90 | |
| | STAGE 2 | 03:00 | 2.50 | 12.00 | 99 | 160/90 | |
| | STAGE 3 | 03:00 | 3.40 | 14.00 | 116 | 170/90 | |
| | STAGE 4 | 01:07 | 4.10 | 16.00 | 122 | 180/90 | |
| RECOVERY | | 05:24 | 0.00 | 0.00 | 75 | 140/90 | |

The patient exercised according to the BRUCE for 10:06 mins, achieving a work level of Max. METS: 13.40. The resting heart rate of 46 bpm rose to a maximal heart rate of 126 bpm. This value represents 73% of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

- Summary: Resting ECG: normal.
- Functional Capacity: normal.
- HR Response to Exercise: appropriate.
- BP Response to Exercise: normal resting BP - appropriate response.
- Chest Pain: NIL.
- Arrhythmias: NIL.
- ST Changes: NIL.
- Overall Impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR PROVOCABLE ISCHEMIA

21/7/21

Dr. Mahendra Pr. Tripathy
 Medical Director
 Chief Consultant, Cardiologist
 Regd. No. - 8538
 CARE Hospitals, Bhubaneswar

KUMARESH DINDA,

Patient ID: OP - 621686

11.07.2021 Male

17:48-5:pm 49yrs Indian

Meds:

Test Reason:

Medical History:

Ref. MD: DR M P TRIPATHY, DM (CRAD) Ordering MD:

Technician: Test Type: Treadmill Stress Test

Comment:

BRUCE: Total Exercise Time: 10:06

Max HR: 126 bpm 73% of max predicted 171 bpm HR at rest: 46

Max BP: 180/90 mmHg BP at rest: 140/90 Max RPP: 19550 mmHg*bpm

Maximum Workload: 13.40 METS

Max ST: -1.05 mm, 0.00 mV/s in III; EXERCISE STAGE 1 00:30

Arrhythmia: A:14, VBIG:1, PVC:11, PSVC:11, CPLE:2

ST/HR index: 0.26 μ V/bpm

ST/HR slope: 3.02 μ V/bpm (III)

HR reserve used: 60%

HR recovery: 21 bpm

Freq.VF recovery: 0 VF/min

| | BASLINE EXERCISE | MAX. ST EXERCISE | PEAK EXERCISE EXERCISE | TEST END RECOVERY | BASLINE EXERCISE | MAX. ST EXERCISE | PEAK EXERCISE EXERCISE | TEST END RECOVERY |
|-----|-------------------------------|-------------------------------|------------------------|-------------------------------|-------------------------------|-------------------------------|------------------------|-------------------------------|
| | 0:01 45 bpm 140/90 mmHg | 0:30 64 bpm 140/90 mmHg | 10:07 122 bpm | 5:24 75 bpm 140/90 mmHg | 0:01 45 bpm 140/90 mmHg | 0:30 64 bpm 140/90 mmHg | 10:07 122 bpm | 5:24 75 bpm 140/90 mmHg |
| I | 1.00 mV 1.00 mV/s | 0.90 0.90 | 1.45 1.35 | 0.45 0.55 | V1 0.10 -0.38 | V1 0.15 -0.70 | V1 -0.15 -2.13 | V1 0.00 -0.68 |
| II | 0.30 0.45 | -0.15 -0.30 | 0.90 3.54 | 0.25 0.70 | V2 1.95 1.28 | V2 1.80 -1.21 | V2 1.70 1.04 | V2 1.05 0.69 |
| III | -0.65 -0.57 | -1.05 -1.21 | -0.75 0.31 | -0.20 0.14 | V3 0.60 0.42 | V3 0.80 0.33 | V3 0.95 2.17 | V3 -0.35 0.43 |
| aVR | -0.65 -0.92 | -0.40 -2.25 | -1.25 -3.19 | -0.35 -1.24 | V4 0.45 0.40 | V4 0.75 0.35 | V4 0.80 3.09 | V4 0.30 0.54 |
| aVL | 0.85 0.70 | 0.90 0.47 | 1.15 0.56 | 0.35 0.13 | V5 0.15 0.20 | V5 0.85 -0.01 | V5 0.95 -0.17 | V5 0.15 0.38 |
| aVF | -0.70 -0.10 | -0.65 -0.69 | 0.20 2.38 | 0.00 0.40 | V6 0.00 0.11 | V6 0.25 0.04 | V6 1.25 2.65 | V6 0.10 0.42 |

Technician

Physician

HE CASE V6.73 (0)

Document: 60Hz 0.010Hz S HEART V5.4

Unconfirmed

Attending MD: